

Pamela Chambers
High Performance Coaching
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Pamela Chambers, M.Ed., N.C.C.

480-703-0606 or 480-664-6652

INITIAL INTERVIEW & INFORMED CONSENT FOR COACHING SERVICES

DATE _____

CLIENT INFORMATION:

Name: _____

Address: _____

Zip Code _____

Phone: (Home or Cell) _____

Email _____

Sex: Male _____ Female _____ Date of Birth: _____

Others living at home: _____

Employer: _____ Position _____

How long have you worked at this job? _____

Highest level of education attained: _____

List any significant health problems: _____

List any medications you are presently taking and the dosage: _____

Are you now, or have you ever been in therapy? Yes _____ No _____

If yes, when? _____

Brief description of issues worked on: _____

Have you had coaching/consultation before? Yes _____ No _____

If yes, when? _____

Brief description of issues worked on: _____

Referred by: (website, therapist, friend, business, etc.) _____

Who can be contacted in case of emergency? _____

Phone: _____ Relationship to you: _____

I/we _____(client name(s)) understand that coaching services are not psychotherapy. All products and services by Pamela Chambers are for educational and informational purposes only. As stipulated by law, we make no guarantees that you will achieve any specific results from our information because we don't know you, and we offer no licensed or professional medical, legal, therapeutic, or financial advice in this program. The information contained herein cannot replace or substitute for the services of trained professionals in any field, including, but not limited to, medical, psychological, financial, or legal matters. Your level of success in attaining any stated strategies or illustrative results is dependent upon a number of factors including your health, skill, knowledge, ability, dedication, goals, love of other humans, and financial situation, to name a few. Because these factors drastically vary among individuals, we cannot guarantee your success or results in any endeavor. You alone are responsible and accountable for your decisions, actions and results in life, and by your attendance and use of these materials, you agree not to attempt to hold us liable for any such decisions, actions or results, at any time, under any circumstance. This makes sense to us-part of high performance is being accountable for your own actions.

I am a standard issue human, loaded with flaws, and capable of making mistakes and annoying people just as like you. So I am unworthy of adoration or lame compliance. Question everything I say. Test every strategy, do your own research, always do what is right for you and your family. I am simply here to share my research and create an environment for you to find your own answers in important areas of life. Listen to your heart more than me or anyone else and all will be well. The only request I have is for you to remember to be grateful for your life, to work hard here, and to be kind to one another and myself who has worked so hard for you.

_____ (client initials).

Confidentiality

What you say to your coach will be held in the strictest confidence. However, you should understand that there are certain circumstances and conditions under which your coach may not be able to hold the content of your sessions confidential. For example, we are ethically and legally obligated to disclose information given in confidence if there is reason to believe that you may harm yourself or someone else, or if there is reason to believe that you are involved in or have knowledge of abuse or neglect of a child or an elderly or disabled person.

_____ (client initials)

All fees for coaching services are paid at the time services are rendered unless prior arrangements are included in your Coaching Services Contract. Please note that if you have to reschedule a session in less than twenty-four (24) hours prior, we may charge you a re-scheduling fee of up to \$75.00.

FINANCIALLY RESPONSIBLE PERSON'S INFORMATION (if different from above):

Name: _____ Relationship to client: _____

Phone: (Home) _____ (Work) _____

Address: _____ City: _____

FINANCIAL AGREEMENT:

Generally phone/Internet coaching is done in 1-hour increments, once a week or once every other week, however, we can design a plan that is best for you.

Fee per 1/4 hour is \$ 40.00

Fee per 1 hour is \$ 150.00

(Fees are subject to change every six months)

DISCOUNTS:

You may choose to pre-pay in sequences of 3 hours for a 10% discount. For each additional sequence you will receive an additional 10% discount. Even if you pre-pay, you are required to give 24 hours notice of cancellation or you will be charged for that session. Any unused pre-paid sessions will be refunded.

3 hour fee: \$ _____

6 hour fee: \$ _____

9 hour fee: \$ _____

12 hour fee: \$ _____

Payment is due in full prior to or at the time of each session. You may pay by check or credit card. I accept Visa, MasterCard, Discover and American Express. When you provide me with your credit card number, sessions will be billed only as they are used by you, or for the sequence of sessions you authorize, and this information will remain secure.

CHECKING IN:

I check my email and voice mail at least once a day. I will make every effort to get back to you within 24 hours. I generally do not return calls on weekends. If in the case of an emergency and you cannot reach me, you can call the Maricopa county crisis number, 602-222-9444 or 800-631-1314 .

CONFIDENTIALITY STATEMENT:

All information shared in session is confidential except in circumstances governed by laws mandating that I report alleged harm to self or others, and in the case of child, handicapped person, or elder abuse.

I would like to utilize the following type (s) of virtual coaching. My coach has explained the pros and cons of each venue: (please initial)

_____ by telephone

_____ by Internet/e-mail

COACHING GOALS:

Briefly state your goal (s) for your coaching program:

STATEMENT OF UNDERSTANDING:

My coach has reviewed this client-coach agreement with me, and explained it to me so that I understand.

CLIENT

DATE

COACH

DATE