

Pamela Chambers, L.P.C., M.Ed.
11111 N. Scottsdale Rd. Ste. 205
Scottsdale, AZ 85254

PAMELA CHAMBERS' POLICY REGARDING COUPLE THERAPY

Please be **informed of the following**:

My therapeutic philosophy is systems oriented. I want to share my perceptions in regard to treatment with you. We live in context of self and relational patterns with others, being the past family of origin and the present nuclear family, friends and significant others. In that context I have worked with couples using the following therapeutic parameters.

1) There are no secrets such as affairs, economic issues and so on. 2) If data unknown to one partner is revealed in an individual session then I expect that data to be shared by the next appointment or during the next conjoint session. I usually see the couple at the first appointment in a conjoint session. Next, I prefer to see each person individually at a separate appointment. At the fourth appointment I see the couple together and a decision is made together as to the continued pattern of treatment; such as: only couple therapy, or, continue the alternating couple and individual treatment program, or refer to another therapist, or terminate treatment.

Pamela Chambers, L.P.C. _____
Date

Client signature and date

Client signature and date